

"Let There Be **Light**" during an emergency!

When you lose power, are you prepared with sources of light that will help you and your children to feel more comfortable?

Here are some ideas to consider. *Make your preparations now, so you won't be left in the **dark!!!***

During FHE (Family Home Evening) discuss your family's plan if there is an emergency. Differentiate the procedure for each type of event.

- **Light Sticks** are great for kids in a dark house or bedroom. Leave some in their nightstands, along with slippers so they feel safe. Teach them how to engage the tube, giving them enough light to navigate through the home to find others. If you had to leave your home; it will allow you to see them in a dark neighborhood.
- **Cell phones** or flash lights are great sources of light temporarily. Leave them in your night stand, so they are easy to find. These items will help you locate your children and your emergency sources of *longer lasting light*.
- **Lighters or matches** to light candles, candle lanterns, oil lamps, and wood stoves are a must. Store them where they can be easily found.
Caution: open flames maybe a danger to your family if there is a gas leak, or if it is near objects that are flammable, in addition, open flames omit carbon monoxide (please leave a window slightly open for ventilation)
- **Oil or kerosene lamps**, may seem a little old fashioned, but they are perfect in a power outage. Make sure to store additional products to keep them working.
- **Solar lights** are inexpensive and a durable option without an open flame. Even if there is not a lot of sunlight, set them outside or in a south facing window to soak up the sun's rays during the day, and they will still light up a small area for about 8 hours.
Benefits of this source of light are: no batteries, no oil, and no dangerous fuel.

- **Additional ideas:**

- **Jug lamps:**

Fill an empty milk jug or clear pop bottle to the top with water. Add a headlamp facing the side of the bottle. The light will diffuse and light up the room.

Foil can be used as a light reflector. Cut the end out of a shoe box; line the box with foil. Stand the shoe box up vertically so the cut off end is facing up. Set the candle or light source into the box; it will reflect additional light into the room.

- **Wind-up lanterns:**

These can be purchased from stores that sell emergency equipment. Wind the handle for 3-5 minutes and you have 45 minutes of light.

Survival Candle is a 1 pound light source that burns liquid paraffin. It is an odorless, smokeless, light that lasts up to (about) three days. These can also be purchased in a store that sells emergency equipment.

- **Facts:**

- ✓ Light sticks last up to 8 hours
- ✓ Flashlights with regular batteries last up to 2 hours
- ✓ LED Mini 3 AAA flashlight lasts up to 6 days
- ✓ Landscape Solar Path lights will recharge for 1.5 – 3 years
- ✓ Candle - 6 inch column unscented emergency candle, lasts up to 55 hours
- ✓ Kerosene Lamp (100 ounces of kerosene oil) lasts up to 225 hours

NOTE: If you run out of fuel for light – tallow can be rendered from animal fat

[HTTP://foodstorageand survival .com/nine-great-emergency-light-sources-other-than-flashlights/](http://foodstorageand survival .com/nine-great-emergency-light-sources-other-than-flashlights/)