

# School Locker Emergency Kit-in-a-Can

## **Contents:**

can, lid, oxygen absorber

can opener

2 water bottles (8 oz.)

3 bandaids

3 alcohol wipes

cyalume light stick

rain poncho

mylar blanket

garbage bag

pad of paper

mechanical pencil

breakfast

    2 granola bars

    2 raisins

lunch

    2 pb and crackers

    2 trail mix

dinner

    2 cheese and crackers

    6 jerky (.28 oz.)

hard candies

card for health/contact info

## **Optional ideas for parents to add before sealing can:**

bandana or knit beanie hat

pair of socks (for feet or hands)

2 heat packs for hands or feet

deck of cards

coins, cash

feminine hygiene products